

Mile High Karate Creeds

Student Creed – at the beginning of each class

- I develop myself physically and mentally, based on the MILE HIGH KARATE SPIRIT.
- I will only fight to protect my life and the lives of others
- I achieve my fullest potential in developing Knowledge, Honesty, and Strength

Black Belt Creed – Said at the end of class

As a dedicated Student of the Martial Arts, I live my life by the principals of Black Belt:

MODESTY
PERSEVERANCE

COURTESY
SELF-CONTROL

INTEGRITY
INDOMITABLE SPIRIT